



**Discovery High School Athletics**  
**\*\*IMPORTANT INFORMATION\*\***

We will now be using Aktivite for our online paperwork.

**To be cleared to participate in sports at Discovery High School you will need the following:**

★ Physical (EL2) form completed- dated June 1,2023 or later

★ NEW: Register and complete the paperwork at [www.aktivite.com](http://www.aktivite.com) (directions are posted on our website) ★

You MUST complete the FHSAA requirements by watching the following 3 videos:

- Concussion in Sports
- Sudden Cardiac Arrest
- Heat Illness Prevention

Videos are found at [www.nfhslearn.com](http://www.nfhslearn.com)

After completing each video, download the certificate of completion and then upload it to [www.aktivite.com](http://www.aktivite.com) (you can upload it with your physical) or you can email them to me at [mercedes.sirmons@discoveryfl.org](mailto:mercedes.sirmons@discoveryfl.org)

**\*\* All students must have an unweighted GPA of 2.0 or above.\*\***